JACK'S ALL DAY

SANDWICHES & FAVOURITES

SERVED WITH FRIES OR SOUP

Smash Burger (1,2,4,8) **$19**
¼ lb all-beef patty, cheddar cheese, tomato, red onion, lettuce, pickles, and house-made burger sauce.
- *Add bacon +$3*
- *Jack Stack: double patty, double cheese +$6*

Lunch Trio (1,4,9) **$16**
1/2 turkey wrap (cranberry mayo, dark turkey, lettuce, and dressing), daily soup, and a garden salad.

Classic Club (1,4,8,9) **$18**
Slow-roasted turkey, crispy bacon, lettuce, tomato, cheddar cheese, and mayonnaise on your choice of white or whole wheat bread.
- *Gluten-free bread + $2*

Hot Turkey Sandwich (1,4,8,9) **$18**
Slow-roasted dark turkey and Newfoundland dressing, smothered in house-made turkey gravy.
- *All white meat $3*

Philly Cheesesteak Sandwich (1,4,8,9) **$25**
Grilled, sliced 5oz Striploin on a toasted ciabatta bun, topped with grilled peppers, onions, and melted cheese. Served with fries or soup.

Fish & Chips (1,3.4) **$16**
One piece of Newfoundland cod fillet in our crispy house-made batter, served with coleslaw, fries, and tartar sauce.
Two pieces: $20

NEW! Shawarma Wrap (1,4,7,8) $15
Warm tortilla wrap filled with your choice of chicken or beef shawarma, garlic white sauce, hot sauce, red cabbage, & red onion. Served with fries.

NEW! Shawarma Flatbread Pizza (1,4,7,8) $16
Crispy flatbread topped with tomato-garlic sauce, mozzarella cheese, your choice of chicken or beef shawarma, onion, tomato, & bell peppers.

BOWLS

White Wine & Cream Seafood Linguine (1,2,3,8) **$26**
Linguine tossed with mussels, cod, baby shrimp and salmon in a creamy garlic white wine sauce, finished with Parmesan and fresh herbs, served with grilled garlic bread.

Fettuccine Alfredo (1,8) **$15**
Fettuccine tossed in a rich Parmesan cream sauce, finished with Parmesan and served with grilled bread.
Add protein:
- *Grilled chicken breast* +$8
- *Steak (5oz)* +$12

Spaghetti Bolognese (1,9) **$24**
Classic spaghetti tossed in a rich, slow-simmered beef and tomato Bolognese sauce, finished with Parmesan cheese and fresh herbs. Served with garlic bread.

Homestyle Mac & Cheese (1,4,8) **$19**
Fusilli pasta tossed in a five-cheese béchamel sauce, topped with breadcrumbs and baked until golden and bubbly.

NEW! Shawarma Poutine (1,4,8) **$19**
Crispy fries topped with cheese curds, rich turkey gravy, and your choice of chicken or beef shawarma.

Malayan Curry Chicken (5,7,9,10) **$24**
Tender grilled Malayan curry marinated chicken in a fragrant coconut curry with sweet potato, caramelized sweet-sour peanuts, green onion, and cherry tomatoes, served with rice.

Stir-Fry (7,9,10) **$21**
Your choice of chicken, shrimp, or vegetables. Tender sautéed vegetables served over steamed rice with your choice of Thai, sweet & sour, teriyaki, or honey garlic sauce.

ALLERGY GUIDE

If noted, the menu item contains:

1. Gluten	**5. Peanuts**	**9. Celery**
2. Shellfish	**6. Tree Nuts**	**10. Sesame Seeds**
3. Fish	**7. Soy**	
4. Eggs	**8. Lactose**	