JACK'S BREAKFAST

SAVOURY FAVOURITES

Traditional Breakfast (1,4,8) **$15**
Two eggs cooked your way, served with hash browns & toast. Choice of bacon or sausage.

▶ Substitute ham or bologna **+$2**

Smashed Avocado Toast (1,4,8) **$16**
Fresh smashed avocado topped with tomato salsa on grilled sourdough bread. Served with your choice of scrambled or poached eggs & hashbrowns.

Newfoundland Breakfast (1,3,4,8) **$15**
A local favourite featuring homemade baked beans, moose sausage, touton, fried bologna, & a salt cod fish cake.

Steak & Eggs (4,8) **$26**
5 oz grilled striploin steak with two eggs cooked your way, hash browns, & toast.

Fishcake & Baked Beans (1,3,8) **$16**
Two salt cod fish cakes & baked beans, served with hashbrowns.

The Meat Lover's Breakfast (1,4,8) **$20**
Three eggs cooked your way with three choices of meats: bacon, sausage, grilled ham, or bologna, served with hash browns, & toast.

SWEET MORNINGS

Blueberry Cheesecake Pancakes (1,4,8) **$15**
Three fluffy pancakes layered with cream cheese spread and warm blueberry compote.

Classic Pancake Breakfast (1,4,8) **$15**
Three pancakes served with Canadian maple syrup, two eggs, and your choice of three slices of bacon or three breakfast sausages.

French Toast (1,4,8) **$15**
Three slices of classic French toast served with warm blueberry compote and sour cream.

Toutons and Molasses (1) **$12**
Two traditional Newfoundland toutons served with crispy hash browns and warm molasses.

Healthy Start (1,4,8) **$15**
Yogurt with fresh fruit, your choice of a freshly baked muffin or toast, served with freshly brewed coffee or tea.

Oatmeal (1,8) **$10**
Hot oatmeal served with fresh milk, brown sugar, and raisins.

EGGS BENEDICT

Classic Benedict (1,4,8) **$17**
Two poached eggs with grilled ham on an English muffin, topped with house-made hollandaise sauce, served with hashbrowns

Newfoundland Fish Cake Benedict (1,3,4,8) **$20**
Two poached eggs served on homemade fish cakes with hollandaise sauce, served with hashbrowns

THREE-EGG OMELETTES

Veggie Omelette (1,4,8) **$16**
Onions, tomatoes, mushrooms, bell peppers, and mixed cheese.

Homestyle Omelette (1,4,8) **$18**
Bacon, sausage, peppers, tomato, onions, and mixed cheese.

BREAKFAST WRAPS

Meat Feast Wrap (1,4,8) **$18**
Scrambled eggs, bacon, sausage, tomatoes, peppers, and mixed cheese wrapped in a flour tortilla.

Vegetarian Wrap (1,4,8) **$16**
Scrambled eggs, avocado salsa, feta cheese, tomatoes, and fresh spinach wrapped in a flour tortilla.

EXTRAS

Moose Sausage (3)	**$8**	**Fishcakes (2)**	**$8**
Baked Beans	**$5**	**Egg**	**$2**
Hashbrown	**$5**	**Cold Cereal**	**$5**
Muffin	**$4**	**Yogurt**	**$3**
Fresh Fruit	**$6**	**Toast**	**$3**
Bacon / Sausage	**$6**	**Ham / Bologna**	**$6**

BEVERAGES

Coffee	**$4**	**Tea**	**$2.75**
Small Juice	**$3**	**Hot Chocolate**	**$3**
Small Milk	**$3**	**Large Juice**	**$3.50**
Large Milk	**$3.50**		

ALLERGY GUIDE

If noted, the menu item contains:

1. Gluten	**5. Peanuts**	**9. Celery**
2. Shellfish	**6. Tree Nuts**	**10. Sesame Seeds**
3. Fish	**7. Soy**	
4. Eggs	**8. Lactose**	